

Videos for the final round of the DHAB quiz competition 2025

Copy the link for each video one at a time in YouTube search to view.

Video 1 – Diabetes and Exercise – What happens to your blood sugar when you work out?

https://www.youtube.com/watch?v=y_ZoCSmSnZE

Video 2 – Symptoms and Complications of Diabetes

<https://www.youtube.com/watch?v=ILGpRQNAku4>

Video 3 – How insulin works

<https://www.youtube.com/watch?v=HJGjNTJgf48>

Video 4 – How Diabetes Affect Your Eyes (Retinopathy, Glaucoma, Cataracts, Macular Edema)

<https://www.youtube.com/watch?v=73d8reNbWs0>

Video 5 – Diabetes Nutrition Animation

<https://www.youtube.com/watch?v=UAKZBQ94pp8>

Video 6 – Diabetes and your kidneys

https://www.youtube.com/watch?v=PTInW2m_ev8

Video 7 – What is hypoglycemia?

https://www.youtube.com/watch?v=e0XN_hjfQiA

Video 8 – An Introduction to Continuous Glucose Monitoring

<https://www.youtube.com/watch?v=glgRHqT787Y>

Video 9- Dealing with Neuropathy in Feet: Causes, Symptoms, and Treatments

<https://www.youtube.com/watch?v=GLCBcvtN7XY>

Video 10 - The Discovery of Insulin - The Miracle - Medical History - Extra History - Part 1

<https://www.youtube.com/watch?v=jn4HvRkBbfk>